



**Fasting Week #1**  
**Scripture Readings**  
**Knowing our Assignments, God's Will, &**  
**Covenant Blessings**

**Matthew 28:18-20 (NKJV)**

<sup>18</sup> And Jesus came and spoke to them, saying, "All authority has been given to Me in heaven and on earth. <sup>19</sup> Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> teaching them to observe all things that I have commanded you; and lo, I am with you always, *even* to the end of the age." Amen.

**Mark 16:15-20 (NKJV)**

<sup>15</sup> And He said to them, "Go into all the world and preach the gospel to every creature. <sup>16</sup> He who believes and is baptized will be saved; but he who does not believe will be condemned. <sup>17</sup> And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; <sup>18</sup> they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover."

<sup>19</sup> So then, after the Lord had spoken to them, He was received up into heaven, and sat down at the right hand of God. <sup>20</sup> And they went out and preached everywhere, the Lord working with *them* and confirming the word through the accompanying signs. Amen.

**Acts 1:4-8 (NKJV) "The Holy Spirit Promised"**

<sup>4</sup> And being assembled together with *them*, He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, "which," *He said*, "you have heard from Me; <sup>5</sup> for John truly baptized with water, but you shall be baptized with the Holy Spirit not many days from now." <sup>6</sup> Therefore, when they had come together, they asked Him, saying, "Lord, will You at this time restore the kingdom to Israel?" <sup>7</sup> And He said to them, "It is not for you to know times or seasons which the Father has put in His own authority. <sup>8</sup> But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

**Acts 2:1-11 (NKJV) "Coming of the Holy Spirit"**

<sup>1</sup> When the Day of Pentecost had fully come, they were all with one accord in one place. <sup>2</sup> And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. <sup>3</sup> Then there appeared to them divided tongues, as of fire, and *one* sat upon each of them. <sup>4</sup> And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance. <sup>5</sup> And there were dwelling in Jerusalem Jews, devout men, from every nation under heaven. <sup>6</sup> And when this sound occurred, the multitude came together, and were confused, because everyone heard them speak in his own language. <sup>7</sup> Then they were all amazed and marveled, saying to one another, "Look, are not all these who speak Galileans?" <sup>8</sup> And how *is it that* we hear, each in our own language in which we were born? <sup>9</sup> Parthians and Medes and Elamites, those dwelling in Mesopotamia, Judea and Cappadocia, Pontus and Asia, <sup>10</sup> Phrygia and Pamphylia, Egypt and the parts of Libya adjoining Cyrene, visitors from Rome, both Jews and proselytes, <sup>11</sup> Cretans and Arabs—we hear them speaking in our own tongues the wonderful works of God."

## **Ephesians 1:1-23 (NLT)**

<sup>1</sup> This letter is from Paul, chosen by the will of God to be an apostle of Christ Jesus. I am writing to God's holy people in Ephesus, who are faithful followers of Christ Jesus. <sup>2</sup> May God our Father and the Lord Jesus Christ give you grace and peace. <sup>3</sup> All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ. <sup>4</sup> Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. <sup>5</sup> God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. <sup>6</sup> So we praise God for the glorious grace he has poured out on us who belong to his dear Son. <sup>7</sup> He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins. <sup>8</sup> He has showered his kindness on us, along with all wisdom and understanding. <sup>9</sup> God has now revealed to us his mysterious plan regarding Christ, a plan to fulfill his own good pleasure. <sup>10</sup> And this is the plan: At the right time he will bring everything together under the authority of Christ—everything in heaven and on earth. <sup>11</sup> Furthermore, because we are united with Christ, we have received an inheritance from God, for he chose us in advance, and he makes everything work out according to his plan. <sup>12</sup> God's purpose was that we Jews who were the first to trust in Christ would bring praise and glory to God. <sup>13</sup> And now you Gentiles have also heard the truth, the Good News that God saves you. And when you believed in Christ, he identified you as his own by giving you the Holy Spirit, whom he promised long ago. <sup>14</sup> The Spirit is God's guarantee that he will give us the inheritance he promised and that he has purchased us to be his own people. He did this so we would praise and glorify him. <sup>15</sup> Ever since I first heard of your strong faith in the Lord Jesus and your love for God's people everywhere, <sup>16</sup> I have not stopped thanking God for you. I pray for you constantly, <sup>17</sup> asking God, the glorious Father of our Lord Jesus Christ, to give you spiritual wisdom and insight so that you might grow in your knowledge of God. <sup>18</sup> I pray that your hearts will be flooded with light so that you can understand the confident hope he has given to those he called—his holy people who are his rich and glorious inheritance. <sup>19</sup> I also pray that you will understand the incredible greatness of God's power for us who believe him. This is the same mighty power <sup>20</sup> that raised Christ from the dead and seated him in the place of honor at God's right hand in the heavenly realms. <sup>21</sup> Now he is far above any ruler or authority or power or leader or anything else—not only in this world but also in the world to come. <sup>22</sup> God has put all things under the authority of Christ and has made him head over all things for the benefit of the church. <sup>23</sup> And the church is his body; it is made full and complete by Christ, who fills all things everywhere with himself.

## **Colossians 1:9-13 (NLT)**

<sup>9</sup> So we have not stopped praying for you since we first heard about you. We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. <sup>10</sup> Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better. <sup>11</sup> We also pray that you will be strengthened with all his glorious power so you will have all the endurance and patience you need. May you be filled with joy, <sup>2</sup> always thanking the Father. He has enabled you to share in the inheritance that belongs to his people, who live in the light. <sup>13</sup> For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son

## **2 Peter 1:1-11 (NLT)**

Greetings from Peter

<sup>1</sup> This letter is from Simon Peter, a slave and apostle of Jesus Christ.

I am writing to you who share the same precious faith we have. This faith was given to you because of the justice and fairness of Jesus Christ, our God and Savior.

<sup>2</sup> May God give you more and more grace and peace as you grow in your knowledge of God and Jesus our Lord.

<sup>3</sup> By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvelous glory and excellence. <sup>4</sup> And because of his glory and excellence, he has given us great and precious promises. These are the promises that enable you to share his divine nature and escape the world's corruption caused by human desires.

<sup>5</sup> In view of all this, make every effort to respond to God's promises. Supplement your faith with a generous provision of moral excellence, and moral excellence with knowledge, <sup>6</sup> and knowledge with self-control, and self-control with patient endurance, and patient endurance with godliness, <sup>7</sup> and godliness with brotherly affection, and brotherly affection with love for everyone.

<sup>8</sup> The more you grow like this, the more productive and useful you will be in your knowledge of our Lord Jesus Christ. <sup>9</sup> But those who fail to develop in this way are shortsighted or blind, forgetting that they have been cleansed from their old sins.

<sup>10</sup> So, dear brothers and sisters, work hard to prove that you really are among those God has called and chosen. Do these things and you will never fall away. <sup>11</sup> Then God will give you a grand entrance into the eternal Kingdom of our Lord and Savior Jesus Christ.

### **1 John 5:14-15 (NKJV)**

<sup>14</sup> Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. <sup>15</sup> And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.

### **John 15:7 (NKJV)**

<sup>7</sup> If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you.

### **John 15:16 (NKJV)**

<sup>16</sup> You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and *that* your fruit should remain, that whatever you ask the Father in My name He may give you.